

Nutrition Facts

Serving Size 1 slice (230g)

Serving Per Container 8

Amount Per Serving

Calories 330

Calories from Fat 180

%Daily Value*

Total Fat 20g **30%**

Saturated Fat 5g **27%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 350mg **15%**

Total Carbohydrate 31g **10%**

Dietary Fiber 5g **22%**

Sugars 3g

Protein 8g **16%**

Vitamin A 100%

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Vitamin C 40%

Calcium 30%

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Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Spinach, frozen, chopped or leaf, unprepared, Gluten free all purpose baking flour, Almond Milk, Unsweetened, Onions, raw, Egg, whole, raw, fresh, Earth Balance Vegan Buttery Sticks, Peppers, sweet, red, raw, Beverages, water, tap, municipal, GO VEGGIE Dairy Free Classic Plain Cream Cheese Alternative, GO VEGGIE Vegan Cheddar Shreds, Mushrooms, white, raw, Oil, olive, salad or cooking, Garlic, raw, Salt, table, Leavening agents, baking powder, low-sodium, Spices, pepper, black

Contains: Egg