

Nutrition Facts

Serving Size 1 (387g)

Serving Per Container 25

Amount Per Serving

Calories 780

Calories from Fat 290

%Daily Value*

Total Fat 33g **50%**

Saturated Fat 5g **27%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 2830mg **118%**

Total Carbohydrate 102g **34%**

Dietary Fiber 7g **28%**

Sugars 1g

Protein 20g **40%**

Vitamin A 4% • Vitamin C 25%

Calcium 20% • Iron 60%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g