

Nutrition Facts

Serving Size 1 large whoopie pie (184g)
Serving Per Container 12

Amount Per Serving

Calories 1150

Calories from Fat 510

%Daily Value*

Total Fat 56g

86%

Saturated Fat 37g

187%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 710mg

30%

Total Carbohydrate 157g

52%

Dietary Fiber 7g

26%

Sugars 98g

Protein 9g

19%

Vitamin A 380%

•

Vitamin C 10%

Calcium 15%

•

Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g