

Nutrition Facts

Serving Size 1 (101g)

Serving Per Container About 8

Amount Per Serving

Calories 280

Calories from Fat 140

%Daily Value*

Total Fat 15g **23%**

Saturated Fat 7g **33%**

Trans Fat 0g

Cholesterol 45mg **16%**

Sodium 290mg **12%**

Total Carbohydrate 34g **11%**

Dietary Fiber 5g **20%**

Sugars 3g

Protein 6g **12%**

Vitamin A 2% • Vitamin C 2%

Calcium 25% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Gluten free all purpose baking flour, Nuts, coconut milk, raw (liquid expressed from grated meat and water), GO VEGGIE Vegan Cheddar Shreds, Egg, whole, raw, fresh, Earth Balance Vegan Original Buttery Spread, Chives, raw, Leavening agents, baking powder, low-sodium, Salt, table, Sugars, granulated, Gums, seed gums (includes locust bean, guar)

Contains: Egg, Tree Nuts